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FEATURE STORY

Lisa's Professional Skin Care
Lisa Jokinen

EDITOR'S NOTE

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The Birth Of Our LORD!



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EDITOR'S NOTE

Dear Brothers & Sisters

I pray you all had a lovely Thanksgiving! I wanted to share a crazy encounter I had this past week. My family and I went on a 7 day cruise to Mexico. It was quite a treat for us. We don't get to travel very much so it was a truly amazing experience. I cherished every single breathtaking view. All I wanted to do was say thank you to God for his goodness. The food on this cruise was INCREDIBLE!! The amount and the variety were astounding. Every single meal we could choose from this buffet of over 10 different countries. There was American food, Chinese food, Indian food, Filipino food. It was beyond anything I have ever seen. After our meal we had options of 7 to 8 different desserts, and we could eat as much as we wanted. It was pure over-indulgent heaven. One day our cruise ship stopped at Puerto Vallarta. Before we got off the boat, we enjoyed the most AMAZING breakfast I have ever had. Fresh cut fruit, pancakes, biscuits, French toast, oatmeal, omelets.



It was all there, just scoop whatever your heart desired, as much as you wanted. It was once again pure heaven. As we were walking on the streets of Puerto Vallarta, I noticed a very poor skinny man sitting on some large rocks overlooking the beach and our cruise ship which was docked. It was a lovely view I must admit. I kept watching him for quite some time. I began to feel guilty for the life I have. I began to feel guilty for stuffing my face with all this food and having the finance to travel and live so exorbitantly, yet this fellow lives in poverty. That cruise ship has so much food that will go to waste, yet we don't spare extra for the needy. Only the wealthy or privileged can enjoy being spoiled.

I began to think of Jesus, and how sad he must feel for that man too. However, then I thought of Matthew 20:16 "So the last shall be first, and the first shall be last: for many are called, but few are chosen." It made me think of the rich who are greedy with their money and never want to help the poor. God blesses many with wealth and He wants us to bless others with His blessings He has bestowed upon us. The money we make is not ours, it belongs to God. This Christmas try something a little different. Instead of spending hundreds of dollars on Christmas for your kids, ask them if they are willing to share their gifts with an orphanage, or foster care program. Contact a local church and see what special non-profits they work with. Trust me, there is a ton you can help.

Remember, Christmas is about the precious birth of our Lord and Savior. How HE left heaven for us!! Let's show Him how much we love Him by blessing others. He will be so happy. When we do kind things for others, we are increasing our gifts we will receive in heaven, not here!! We do not belong to this earth; we are just passing through. Have a MERRY CHRISTMAS!! Love you all so much!

Dear Readers, side note. Please do business with my AMAZING advertisers. I screen each business JUST FOR YOU! These businesses are God loving people who will treat you with the utmost care. They give back to our community and they are GOOD people!! I have turned away MANY businesses because I knew they were not worthy of you. These businesses are the BEST!! God bless & thank you for considering them!!

Sheila York
Editor



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OUR Valley Mag

FEATURE STORY

Dear Readers,

For our December issue we are proud to feature Lisa's Professional Skin Care. Lisa has been a licensed Esthetician for over 30 years. Lisa's experience, knowledge and cutting-edge innovative skin care techniques have made her the "Facialist Expert" of our valley!

Lisa specializes in Hydro Facials, Microcurrent, Radio Frequency, Micro needling Professional Chemical peels, acne management and alternatives to filler and injections. How to keep your skin and face looking and feeling its best by using European techniques. Face Yoga, Gua Sha, Face Tapping and more.



Currently Lisa is offering organic candles and body products, great gifts for Christmas! Limited offer!! Lisa currently has in stock her #1 cbd oil by honey girl. Hurry up before they are all gone!



Lisa has designed and patented a new body tool that she will incorporate with her face and body Qua Sha courses, coming early 2023!! What is face and body Qua Sha you ask? Gua sha is a body and face scraping technique dating back over 2,000 years. It's part of Traditional Chinese Medicine (TCM) Gua Sha involves the use of a tool to stroke the skin and increase circulation. This type of treatment stimulates the Lymphatic System to properly drain and release body toxins. It's been given the nick name "botox of the far East for face and body". Traditional medicine practitioners have used this method for centuries to boost circulation, increase blood flow, break up scar tissue, help chronic pain and much more! My personal experience with Lisa has been out of this world amazing!!

My daughter has struggled with Severe Hormonal Acne. We have paid thousands of dollars to Doctors, medicines, specialists to no avail. My daughter was beginning to become depressed; she hated her skin, she hated going out, she was hopeless. One day Lisa said "Sheila, please bring her to me, let me show you what I do". After Lauren's 3 sessions we began to see amazing progress, by her 5th treatment we were SHOCKED!!! Little by little her face is back to normal, beautiful smooth skin. Lauren continues to see Lisa once a month to manage her scarring and to replenish her products.

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December Facial

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Lisa's Professional Skin Care

FEATURE STORY CONTINUE

Lisa is the REAL DEAL!! My daughter said she loves getting her facials. She looks forward to getting spoiled and pampered. Trust me, Lisa is the BEST!! You will not find a more experienced or knowledgeable Esthetician. Lisa has 3 beautiful adult children, 5 grandchildren and one more expected early 2023.

She has been married to the love of her life, Karl for over 30 years. Karl Jokinen is the General Sales Manager for Windemere Home and Estates. He's an amazing husband to Lisa and an amazing father and grandfather. Karl is a class act. I have had the pleasure of meeting Karl on several occasions and he's a great guy. I have been given the gift of strong discernment and I know "Good People", he's one of them!

If you have any Real-Estate Questions or needs, please call Karl Jokinen at 760-801-6607

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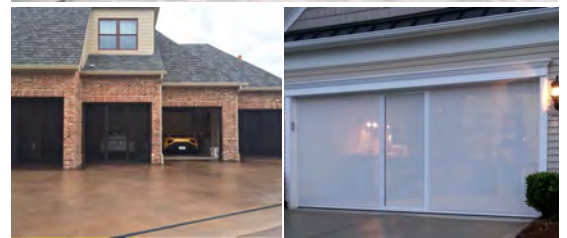
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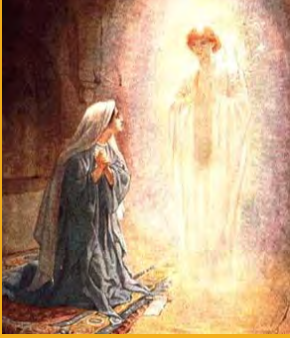
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The Birth of Jesus

Matthew 1-2, Luke 1-2

An Angel Visits Mary



The angel Gabriel appeared to Mary and said, "Do not be afraid, Mary, you have found favor with God. You will conceive and give birth to a son, and you are to call him Jesus. He will be great and will be called the Son of the Most High." (TNIV)

One day about 2,000 years ago an angel named Gabriel appeared to a young Jewish woman named Mary. Gabriel told Mary she would have a son, Jesus, who would be the Son of God! Mary was confused and worried about this sudden news, but she had faith in God and said, "I am the Lord's servant; let it be as you say." Mary and her husband-to-be, Joseph, lived in a town called Nazareth. But they had to travel to the city of Bethlehem to register for a census ordered by the Roman emperor, Caesar Augustus. Both Nazareth and Bethlehem are in the country now called Israel. It is about 65 miles (105 km) from Nazareth to Bethlehem, and the trip probably took them

several days. When Joseph and Mary got to Bethlehem, there was no place for them to stay because the inn was already full. They ended up spending the night in a stable, a place where animals were kept. There was probably fresh hay on the floor that they used for beds. That night, Jesus was born. There was no crib, so they laid baby Jesus in a manger, a feeding trough for animals. The manger probably had fresh hay in it and made a nice bed for the baby.

Jesus was born in a stable and laid to sleep in a manger. The shepherds came to see firsthand the things the angel had told them.

That night, some shepherds were in the fields near Bethlehem, keeping watch over their flocks of sheep. An angel appeared to them and gave them the good news that a Savior, the Messiah, had been born. The angel told the shepherds they could find Jesus lying in a manger. Suddenly a whole group of angels appeared saying, "Glory to God in the highest, and on earth peace, goodwill toward men!"

The shepherds hurried into Bethlehem and found Jesus in the manger, just as the angel had told them. After they had seen Jesus, they spread the news, and everyone who heard was in awe.

Shepherds Visit Jesus



Wise Men Visit Jesus



Wise men from the East came to worship Jesus, bringing gifts of gold, frankincense, and myrrh. Some time later, wise men, or magi, from eastern countries saw a star in the sky that signaled the birth of a new king. They came to Judea, the region around Jerusalem and Bethlehem, to worship Jesus, the new king.

A man named Herod was the king of Judea. He called the wise men to a meeting and told them to find the new king so he could go and worship him, too. The wise men continued on to Bethlehem and followed the star until it was directly above the house where Jesus was. They found Mary and Jesus in the house and knelt down to worship Him. They brought Jesus gifts of gold, frankincense, and myrrh, some of the finest things in the ancient world. Frankincense was burned to make a sweet smell, and myrrh was an expensive perfume.

After visiting Jesus, the wise men had a dream that warned them not to go back to King Herod, so they took a different route home.

Journey to Egypt

King Herod lied when he told the wise men he wanted to worship Jesus. He was afraid this new "king" would replace him as king of Judea. He did not understand that Jesus would grow up to be king of God's spiritual kingdom, not king of Judea.

What Herod really wanted was to find Jesus and kill Him! Herod was furious when he realized the wise men had not come back to tell him where to find Jesus. He sent his soldiers to Bethlehem to kill all the children under two years old, thinking Jesus would certainly be one of the ones killed. But God had told Joseph in a dream to flee to Egypt. Joseph took Mary and Jesus to live in Egypt where they would be safe from Herod. Joseph, Mary and Jesus stayed in Egypt until Herod had died, and then they returned to Nazareth.

Question

Was Jesus born on Christmas day? We celebrate Jesus' birth on Christmas, but no one really knows what day Jesus was born, or even exactly what year. In 336 A.D., the Western Church, based in Rome, chose December 25 to celebrate as Christmas, meaning "Christ's Mass." The Eastern Church chose January 6. The day was named Epiphany, meaning "appearance." Eventually the period from December 25 to January 6 became known as the Twelve Days of Christmas.

Lessons

The stories of Jesus' birth link to both the past and the future. The circumstances of Jesus' birth show He fulfilled the Old Testament prophecies of a Messiah (Isaiah 7:14, Matthew 1:23). He was born in Bethlehem (Micah 5:2, Matthew 2:5-6). He was called out of Egypt (Hosea 11:1, Matthew 2:15).

Jesus was born in a stable - the most humble of circumstances. Similarly, Jesus showed us how God's favor rests with the poor and downtrodden. The Gentile wise men came to worship Jesus. Later, the Gentiles would make up most of the Christian world. Herod's attempt to kill Jesus foreshadows Jesus' crucifixion about 33 years later.

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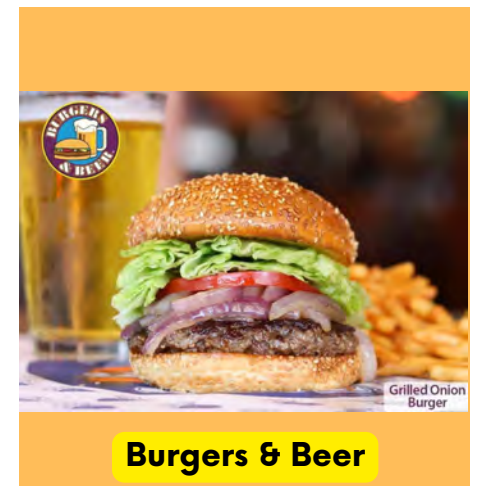
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Question to Esther



Ask A Question WITH *Esther*

Question: *Dear Esther,*

My son has been experiencing demonic attacks during the night when he goes to sleep. He is being woken up by angry sounds and voices. He has become very scared and does not know what to do. I am a christian father who prays for my son, but I am lost as to what I need to do. Any help would be greatly appreciated.

God bless you and your column: Scared Father.

Answer: *Dear Scared Father,*

Thank you for the God bless courteous wish, and may God bless you too.

I sympathize with your fear. I also do not like to talk about the devil. He is dangerous and he is always very busy trying to cause hazardous and malignant threats to attack the most vulnerable. "Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour." 1 Peter 5:8. Dear friend, in this disfavor situation my intention is not to initiate a theological dispute. Instead try to find a fix for your fear. Do not lose hope. In the Holy Bible we find comfort and guidance from our heavenly Father through His Holy Spirit. "The name of God is a strong tower, the righteous run to it and are safe." Proverbs 18:10.

In your statement you did not mention any known reason why you suspect the devil is trying to hold your son captive. Yet, devil's attacks are most always associated with sin. See what Jesus replied, "This kind can be cast out only by prayer indicating this type of demon could only be expelled with prayer and fasting. Mark 9:29. You said that you are a Christian and pray for your son. Just keep praying! "You will seek me and find Me, when you search Me with all your heart." Jeremiah 29:13.

Here is my suggestion: Set private time alone with your son. First, pray then ask your son if he is holding on to any sin, or if he is doing something wrong to cause the devil trying to hold control of his life. Confession is good for the soul. You are a concerned father and you need to be aware of the reason for the disturbance that is destroying your peace. Confession is also an act of faith. Jesus said: Your sins are forgiven, go and sin no more. "Submit yourself to God. Resist the devil and he will flee away from you." James 4:7.

Please, present to your son the importance of choice. In our life we have only two choices: Good or evil. All good is from God, surrender your life to the Lord and His mercy will follow you forever, He is our refuge and our fortress. If you are not successful in your plan to help your son, just keep on praying, and keep loving your son with unconditional love. We cannot change the behavior of other people, but keep in charge of your conduct.

"Cast all your anxiety on Him (Jesus) because He cares for you." 1 Peter 5:7.

May the love of Jesus bring healing and peace to your home.

*Sincerely,
Esther*

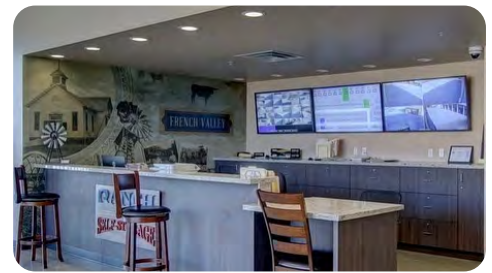
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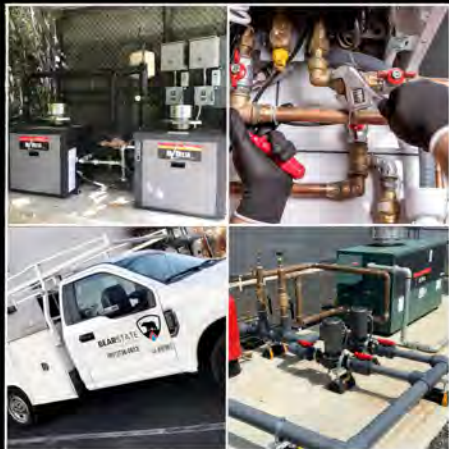
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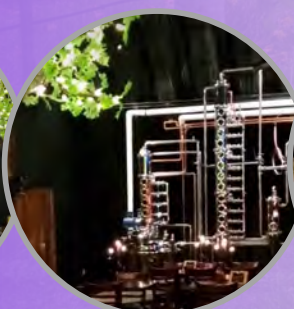
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